







## Recovery Month 2016 Calendar of Events\*

National Recovery Month is held every September to celebrate those managing or in recovery from a mental health and/or substance use problem. Recovery Month highlights the achievements of individuals who have reclaimed their lives and are living healthy, and rewarding lives.

- ★ Wednesday, September 7<sup>th</sup>, 6pm-8pm @ The University of Findlay, Davis Street Building, Room 2225
  - ♦ The Power of Language and Storytelling in Recovery
- → Saturday, September 10<sup>th</sup>, 8am— 1pm @ St. Mark's United Methodist Church, 800 S Main Street, Findlay
  - 2nd Annual Recovery March and Resource Fair Free Giveaways, Live Music, and Keynote Speakers
- ★ Wednesday, September 14<sup>th</sup>, 6pm-8pm @ The University of Findlay, Davis Street Building, Room 2225
  - ♦ Stress, Trauma, and Wellness in Recovery
- ◆ Sunday, September 18<sup>th</sup>, 2pm 5pm @ Riverside Park, #15
   Pavillion, 231 McManness Ave, Findlay, OH
  - My Life. My Story. My Recovery. Picnic Free food, DJ,
     Gratitude and Memorial Wall
- ★ Wednesday, September 21<sup>st</sup>, 6pm-8pm @ The University of Findlay, Davis Street Building, Room 2225
  - ♦ Recovery & Peer Support in Hancock County Panel Discussion
- ★ Thursday, September 29<sup>th</sup>, Noon and also 6pm @ Focus on Friends, 509 Trenton Avenue, Findlay, OH
  - ♦ Voting Rights Presentation by Disability Rights Ohio A lawyer and an advocate will be available to answer *your* questions!
- ★ Friday, September 30<sup>th</sup>, 8am 5pm @ Focus on Friends, 509 Trenton Avenue, Findlay, OH
  - ♦ Voter Registration Drive
- \*All events are free and open to the public.

**Questions?** Contact Focus on Friends at 419-423-5071 or email Wayne at wford@focusonfriends1.com